

WELCOME, FRIEND FCS Summer Camp Weekly Newsletter



Words from the Camp Manager

This is my second year being here at FCS as the Summer Camp Manager. Last year Van and I worked together to streamline processes. When needed I also assist them as a "right hand". My main concentration though has been working with our lead teachers to get supplies, coach them through challenges and be there to knock around ideas for newer ways of teaching their topic. Because Lead Teachers often work with more than one age group over the summer, sometimes II get to dig into an existing lesson plan to help adjust it to older or younger children. Other times it's a community effort where, other teachers jump in with their suggestions. This cooperative and collegial atmosphere is what I probably enjoy most about being here at Summer Camp. Though the campers, the deer and the woodlands behind our building are amazing too.

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FROM THE CAMP **MANAGER**

A LOOK INSIDE OUR SUMMER **CAMP PROGRAMS**

> **CAMP ACTIVITIES YOU CAN TRY AT HOME!**

> > **ACTIVITY PAGES!**

THIS WEEK'S **PHOTO GALLERY**

Written by Support Staff Produced by Danielle Probst



06A1 - Little Explorers: Jungle Jam

Led By: Franny Ashcraft and Brenda Alvarado CIT: Nila R.

Being a Little Explorer is so much fun! In the mornings, we did lots of dancing and movement activities with our teachers. We read books about animals and even made our own instruments.

Ms. Brenda also taught us Spanish during camp as well. We made león and tigre tambourines! Learning about jungle animals and music can make us tired, so quiet time is nice...even if most of us stay awake!

06B1 -Agility Adventures

Led By: Taylor Washington & Crystal Shay

Robinson

Assisted by: Zahra Mohammadi

We don't even remember what our desks looked like on Monday. Each day, our teacher helps changes up the room and adds more things to do every time!

We had noodles on top of bins to jump over. We had hula hoops hanging from the ceiling to climb through. We even walked on chairs and climbed over desks!

Of course, our teacher reminds us to go through the obstacles safely, and we had so much fun every day!



06B2 - Elephant & Piggie & More

Led By: Patricia Soumoff Assisted by: Lauren Hill

What's even better than Elephant and Piggie? Elephant and Piggie and all of their friends from Mo Willem's other works! Especially the Pigeon. Don't listen to him. He needs lots of reminders.

This week, we explored all things Mo Willems, and especially enjoyed the kid-sized school bus that Magic School Bus left behind a few weeks ago!

Remember, don't let the Pigeon write the camp newsletter!





Led By: Sandra Haw Assisted by: Catt Cousins

It doesn't take a lot to be a nature explorer. We went on nature walks each day to collect and harvest supplies for our art activities.

It's great to be at a camp that is surrounded by trees because we find new and interesting supplies each and every day. Did you know you could use leaves for stamping? How about pebbles for abstract art? There was so much to do, and we all learned to rely on nature to provide us with the tools we needed each day.



06C1 - Sticky Science & Creative Construction

Led By: Crystal A Robinson Assisted by: Lottie Potter

CIT: Gabi S.

Abandon all hope, noodles who enter here. From the minute we arrived, pool noodles and toothpicks were our medium of choice for creative construction. With so many colors and so many ways to cut them, we were able to create Minions and even spell our names.

Did you know that there are lots of different kinds of slimes that you can make? In the end, they're all sticky!

06C2 -Magic & Wizardry

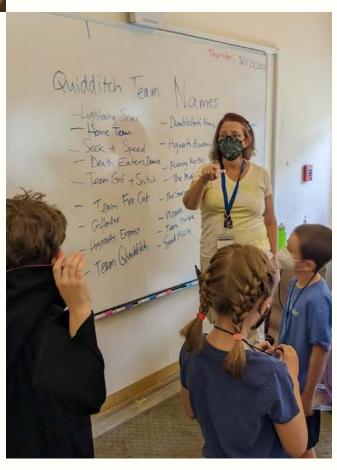
Led By: Victoria Flack, Danielle Probst

Rich, and Van Nguyen Assisted by: Lottie Potter

CIT: Seneca O.

Happy birthday, Harry! July 31 marks Harry Potter's birthday, and we celebrated by making potions, creating dragon eggs, played Muggle Quidditch, wrote with invisible ink, and even made various DIY wands.

In this camp, we learned that we could make magic happen, even in the real world, through the powers of science and fun!

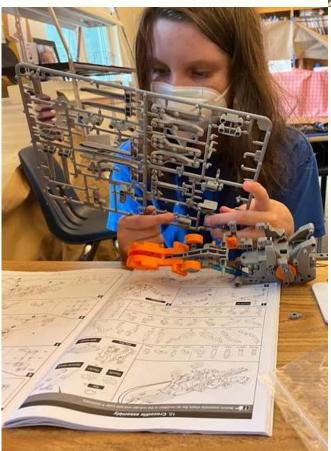


06C3 - Wilderness Skills & Archery

Led By: Alex Andrews Assisted by: Liya Abebe

Curious as to why many of our pictures have us in hard hats? After the big storm a few weeks ago, we started wearing them as we explored the outer edges of the woods where we can harvest wood for our shelters and fires after our teacher assesses the safety of those locations.

Thankfully, we were able to continue our lessons as intended, and there's a bonafide village of shelters that have been made over the course of this camp season. Thanks, Alex, for teaching Wilderness Skills this summer!





06D1 - Robotics

Led By: Daniela Rivadeneira Assisted by: Ingrid Aguilar

Robotics can be summed up in two categories: engineering and coding. This week, we explored Solar Robot kits that had tiny motors powered by the sun's rays. Of course, most of the week was very cloudy! We learned the hard way that even if you follow instructions to the T, you'll still need to troubleshoot when it comes time for testing.

What can we say about Ozobots except how much we love them and wish we could adopt them after the class was over? Each group decided to explore different aspects of the Ozobots. One group chose to teach theirs how to sing. Another focused on coding complicated movements with the online tool. The last group tested all sorts of color coding tracks. We even had an Ozobot talent show to show off what our little bots could do!



06DV - High School Test Prep (Math I)

Led By: Samantha McKay

These campers are preparing for future success by getting useful help in test prep, especially since math is a key part of the SSAT.

During this session, we focused on increasing knowledge of grade-level and above equations, worked on theorems and proofs, and practiced using graphing calculators.

Studies show that those who do practice tests and participate in prep courses score significantly higher when it comes to the actual exams.

06D2 - Archery & Wilderness Skills

Led By: Mark Evans Assisted by: Liya Abebe

Crossbows are an advanced archery tool representing an advance from the usual longbows that Mr. Mark teaches during camp. These tools were only taught to 6th-8th graders this summer.

Just as with archery, crossbows should always be used with care and adequate preparation. Having a stronger and consistent draw weight (30 pounds) means there's more force behind each shot.

Thanks, Mr. Mark, for instructing our campers this summer in the ways of archery safely and successfully!







Paint Stirrer Puzzles

Have you run out of puzzles to complete at home? Just make your own! All you need are some paint stirrers. If you don't have that then popsicle sticks work just as well, and they might even make your puzzle a little more challenging.

Line up some paint stirrers and tape them down so they don't move. Now it's time to decorate and draw your picture onto the stirrers. It would be best use a Sharpie, but you can decorate it however you want. Then, remove the tape, shuffle the sticks around, and you're ready to go!

Living Room Obstacle Course

You can make an obstacle course anywhere! The best ones are designed by your own child.

You can really get creative. Hula hoops on the floor work great for hopscotch, but if you hang them from a string you can try and hoop through. You can set up tables to crawl under and chairs to hop over.

Of course, safety is important, so make sure that every obstacle is a reasonable difficulty and have fun!





DIY Puffy Paint

For this project, use cardstock or another thick base, some water color paint, shaving cream, and white glue.

Paint your background, cut out a cone from another piece of paper, and get a bowl ready to make your ice cream. Combine 1/2 cup shaving cream and 1/4 cup glue with a craft stick. Fold it in really gently! You don't want the "ice cream" to collapse.

After you paint the creamy glue onto your drawing, it will dry into a puffy paint texture that's very delicate, so be careful not to touch it too much!

Just an Oval...

All you need is an oval cardboard cutout and nice walk around the neighborhood or park. Did you know that you can find faces just about anywhere?

Have your child find natural materials to use with their cardboard. We asked our campers to make faces, but you could use the oval as a base for many other options. Perhaps it could be a body for an animal?

Maybe it could be a boat for a tiny adventure? What you can do with just a piece of cardboard is only limited to your imagination.





2-Ingredient Slime

There are many slime recipes out there, and when working with large groups of kids, simple is often best!

We used a two-ingredient slime recipe that allowed us to make almost 50 servings in a short amount of time.

2-Ingredient Slime Recipe:

1:2 Ratio

- 1 part liquid starch
- 2 part school glue
- Food coloring optional (1 drop)

Mix quickly and thoroughly to enjoy!

Dragon Eggs

To make your eggs you will need to cover a balloon with paper mâché. Make paper mâché with strips of newspaper and dip them in watered down glue. Make sure to wipe off the excess before sticking it on your inflated balloon. Repeat this process until the whole balloon is covered. You may need to add layers and remember to let it dry thoroughly.

Next decorate your egg with feathers and colorful tissue paper. Make it your own with whatever decoration you can think of. It might help to make a drawing of what your dragon will look like once it hatches.





Ozobots

Campers got to assemble and program robots to follow a track, which was drawn on to pieces of paper.

They could also be programmed to speed up, spin around, make a certain noise, or battle with other robots.

We ended the week with a "talent show" where different groups within the camp competed to see who could make the best sequence of actions for their robot to perform, which included making the robots sing songs.

Archery Equipment

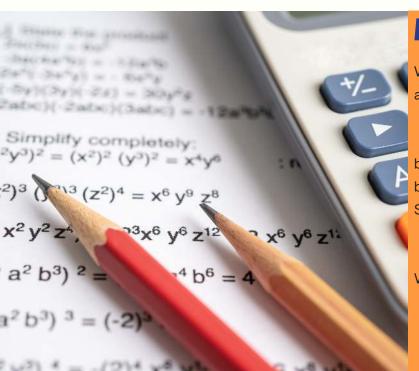
The bow and arrows are only one piece of the puzzle when it comes to archery. Here are some other aspects of the sport:

Protective gear: wristguards and archer gloves are often worn to allow the bow to be held comfortably.

A cool head: Shooting an arrow is no simple task. One must clear their mind, but also focus on aiming down their sights.

And of course you need a target to shoot at. You can even try creating your own with paper and a hay bale.





Math Challenge

What is this equation called? $a^2 + b^2 = c^2$

b + c = 44

b = 44 - c

Solve for both variables.

What is the meaning of SOH CAH TOA?

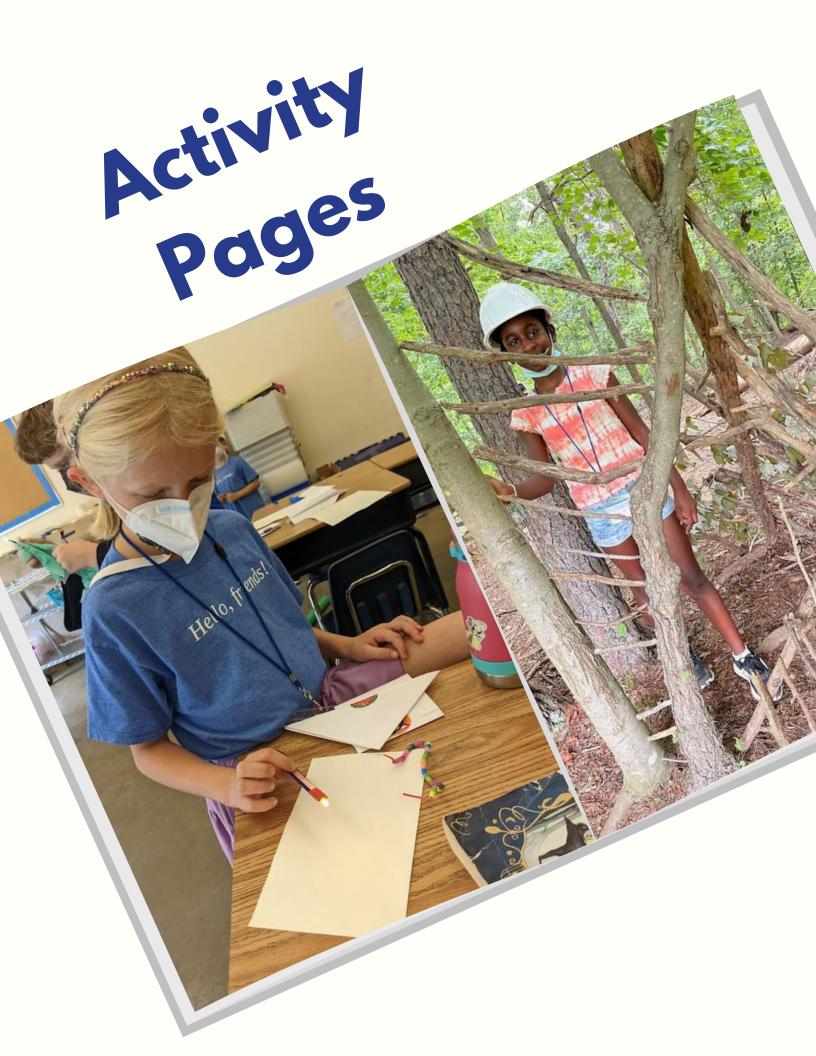
Basic Resume Advice

A resume is all about highlighting your positive qualities and abilities relevant to the job you're applying for.

Even if you didn't get paid, you still did the work so don't forget to include volunteer experience.

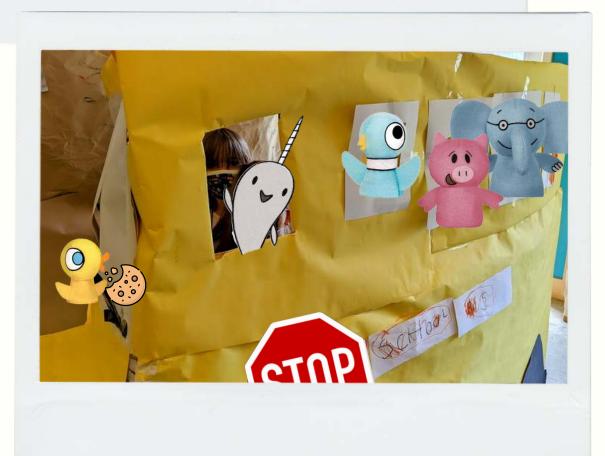
Use key words in your resume. Read the job description carefully and try to use as many of those key words in your resume that are in the job description. Your resume helps put your best qualities forward and to get to the next step: an interview!





Spot the Difference!





Session 06

Match the picture to its session

Little Explorers (Jungle Jam)



Agility Adventures



Elephant & Piggie





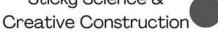
& More



Nature Explorers



Sticky Science &



Magic & Wizardry



Archery &

Wilderness Skills



Robotics



High School Test Prep (Math I)























Nurturing
lifelong learners,
courageous risktakers, and
joyous
peacemakers.

OPEN HOUSES: October - January





APPLICATION OPENS 9/1

FCS FRIENDS COMMUNITY SCHOOL

Quaker Progressive Education for Grades K - 8 www.friendscommunityschool.org



07A1 - Little Explorers (Rainbow Catchers)

07B1 - Nature Explorers

07B2 - Junior Engineers

07B3 - Agility Adventures

07C1 - Sport of the Day

07C2 - Baking & Art

07C3 - Rising 3/4

07D1 - Modern Home Economics

07DV - High School Test Prep (Math II)

07E1 - CIT (Counselor-in-Training)